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HOW I FINALLY ATTRACTED WHAT I REALLY WANT

**A Simple Guidebook Showing
10 Ways to Transform You
into A Human Magnet
And Start Attracting the Things
That You Really Want in Your Life**

INTRODUCTION

Do you have everything that you want in your life? We are not just talking about money and wealth here. Do you have your ideal partner? Is your health as good as you want it to be? Do you have the skills that you need to live your life to the fullest?

If you ask most people, they will tell you that they do not have everything that they want. Ask them what they are doing about it and they will give you a blank look. This is because they are not doing anything about it. All of their hopes and dreams quickly fade and they return to “normal” life.

You probably have heard of the Law of Attraction but you may not fully understand it. It works on the principle of “like attracting like”. We live in an ocean of motion. Everything in the world vibrates including us. You do not see these vibrations because they do not fall within the visible spectrum... and of course, they would drive you crazy! Everything communicates with the Universe through these vibrations.

For us human beings, vibrations come from our thoughts and actions. You need to send the right vibrations to the Universe to get what you want. Most people do not do this and send the wrong vibrations. This is where the problem lies - people focus on lack and what they haven't got. This sends a negative signal to the Universe which in return, gives you MORE negative things!

Some people think that the Law of Attraction is some kind of magic spell. All you need to do is believe that it works and then hope your life will change for the better. Well, it's not. You need to be clear on what you want and then take the appropriate action to get it. This sends the right vibrations to the Universe so that the Law of Attraction will work for you.

People that use the Law of Attraction to get what they want are in control of their lives. They don't wait around to see what life will throw at them. Instead they know what they want and they take action to master their own destinies. Sitting back and waiting and hoping will get you nowhere.

In this simple guidebook, we will provide you with 10 ways that you can use the Law of Attraction to get anything that you truly desire. The most important thing is to believe that the Law of Attraction works and that you will manifest what you want. Let's get right into it!

1. BE CLEAR ON WHAT YOU WANT

Here's a common question that 99% of the people fail to answer.

“What do you really want in life?”

Try asking your friends and I can guarantee that most of them would either give you a blank stare, or they would start to stutter and say whatever comes to their minds first. You see, most people are drifting around aimlessly complaining about the things that they don't have and how bad their life is. This is just human nature, and yes, this sends the completely wrong signals to the Universe. Since *like attracts like*, would you be surprised if bad, undesirable things keep entering your life? On the flipside, 1% of the population will be able to give you a clear, defined answer. And as you may have already guessed, this 1% are the successful ones.

Chances are you currently belong to the 99%, because if you are already successful, why are you still reading books in this genre? Pay particular attention to the word I used, “currently”, and that is because after learning the 10 ways in this book and diligently applying it in your life, you will end up in the 1%!

The reason that most people are not clear about what they want is because it takes effort to concentrate on this. It is a lot easier to laze around on the couch watching meaningless TV and Netflix. What you need to do is to dedicate 1 hour of quiet time where you can look at all aspects of your life to determine what you want. Your health is an important area as are your finances and your relationships. So spend some time thinking about all of these things and write down what comes to mind.

For example, when it comes to finances, how much money do you want to make in the next 12 months? Don't limit yourself here. Write down the exact amount and then reflect on this and imagine that you already have this money. How does that make you feel? If you feel excited about this then keep this as a goal.

Do you have the right person in your life right now? If not, think about your ideal partner in life. What do they look like? What kind of character do they have? What do they want in their life? Once you have come up with all of the traits that will make up your ideal partner, imagine what it would be like having them in your life.

Keep thinking about different areas of your life and write down what you want and how you feel about it. After this, look at the list you have created and decide which ones are the most important to you. It is important that you do not try to achieve too many goals at once because greed... will get you nowhere.

What is really important here is “why” you want these things. Nothing will motivate you more than your own “why”. Once you have established the goals that you wish to achieve, check them for realism and ensure that you always add a time (e.g. in 12 months from today).

2. DECIDE WHAT YOU DON'T WANT

One of the main reasons that people are unable to manifest the things that they truly want in life is because they are constantly distracted by things that they don't want and need. Perhaps you are working longer hours at your job for a promotion that you don't really want, or mingling with a group of people that you do not foresee a long-term friendship.

Time is precious. Never waste it on things that are of no importance to you. With all the social media going on, I can't help but started to notice that many people do things for the sake of "social acceptance". They post things on Facebook, Instagram or Tiktok in exchange for the temporary pleasure of getting "Likes" from their friends. But is this what they really want to do? Is this what really makes them happy in life? A lot of people will do these things because they want to be seen doing them. But where does that actually get you?

At the end of the day, what matters is if you are genuinely happy with your actions. If you are not, then chances of you emitting negative vibrations to the Universe are high. Remember, "like attracts like".

Fortunately, you can break this pattern and put an end to spending time and effort on things you don't want or need. It may not be easy for you at first but it is certainly possible. So just as you did when you were thinking about what you really want from your life, take some time out to assess what you don't want. This should be very easy for you to do. After all, you should be aware of things you are doing that don't make you happy right? If your job makes you unhappy then add this to the list. There are different jobs available or you could start your own business for example. Once you have written your list think about how you will stop doing these things.

3. PRACTICE GRATITUDE

Showing gratitude is a very empowering thing to do. It may sound easy trivial, but it sends out strong, positive signals to the Universe. Some people may confuse gratitude with complacency and think, “If I am already happy with everything in my life, why would I want more?” This is not the case. Gratitude is just a way of ensuring that you are emitting positive vibrations to the Universe, and getting positive responses in return.

“But my life sucks and there’s nothing for me to be grateful for.”

That is utter nonsense. You may hate your job; you may hate getting up early in the morning to get to office and clear the mass amount of paperwork on your desk. But at the end of the day, the company pays you a salary, which you should be grateful for because it provides you with the ability to pay off your debts and take care of yourself and your family. You should also be grateful for the fact that you have a job given the current pandemic situation.

But does that mean that you can never change this job? Of course, it doesn’t. You are showing gratitude for the fact that you have an income and can put food on the table, pay the mortgage or rent and keep the lights on. How you do this in the future is up to you. You can be grateful that you are in reasonable health and that you have the energy to earn money and do other things to take care of your family. This doesn’t mean that you don’t need to do anything to improve your health – you should always be looking to do this.

What about the people that you have in your life? If you have a loving and loyal partner then be grateful for this. They have stuck with you through thick and thin. They are in your life and not someone else’s. Again, this doesn’t mean that you cannot take steps to improve your relationship in the future.

What about being grateful for some of the things that you already have? Maybe you have a trusty old car that gets you to work and back each day? Be grateful for this. It doesn’t matter that it is not shiny and new. You do not have to walk to work or use public transport. Be grateful that you have this car.

So here is what you need to do. Every morning when you get up, think about 3 things that you are grateful for. And every evening before you go to bed, think about 3 things that happened in your day that you are grateful for. Showing gratitude is one of the most powerful ways that you can attract the things that you want in your life.

4. DEVISE A PLAN AND TAKE ACTION

Having goals is a good thing but a goal without a plan is just a wish. You need to make a plan and take action every day. A lot of people think that the Law of attraction is all about sitting on the couch hoping for their life to change for the better. This is not the case at all!

Being clear on what you want tells the Universe to get everything ready – the rest is up to you. So how do people win the lottery? Well they have to take action through the purchase of a ticket and choosing some numbers. If they didn't do these things then they would have no chance of winning. All they would be doing is hoping and dreaming.

If you want to earn \$1,000,000 in the next 12 months, then you need to devise a plan to achieve this. You need to think about how you are going to do it and then work towards it each day. For example, you may want to find a high paying job. If the job market is bad, you may accept a job that pays you a lower salary, and take up some side gigs to boost your income. If you don't have the necessary skills for a high paying job, then you need to develop them. The first step in your plan could be to investigate the opportunities that exist and then decide which one is right for you.

Perhaps you want to lose 30 pounds in the next year. You will need a plan to do this which includes changing some of the foods that you are consuming now and replacing these with others. Add in some regular exercise and you will be far more likely to achieve your goal. But if all you're thinking is to continue snacking and lazing on the couch every day without putting in any effort, you will never lose that 30 pounds. You may even end up gaining 30 pounds!

Create your plan to achieve what you want and break this down into daily, weekly and monthly tasks. When you work on your goal each day, you will send the right signals to the Universe and you will manifest what you want.

Keep in mind that plans are not cast in stone. You can change and adapt it as you progress. Ask yourself what you can do today to make progress towards your goal. Write these down and take action.

5. ELIMINATE NEGATIVITY

Unfortunately, our world is full of negativity. If you switch on the news, it's usually all doom and gloom. You will know people in your social circle that are always complaining about something. They never seem to be happy with their lives! The worst part is, if your mindset is not strong enough to deter against such negative news, you may become a negative person yourself!

Becoming a negative person will never help you to attract what you want. We have already explained that when you send negative vibrations to the Universe you will get negative things in return. The Universe will give you what you ask for and if you are always complaining then it will give you more things to complain about.

But what happens if you make the transition to positive thinking? The Universe WILL give you positive things to celebrate! Now let us look at how we can convert negative thinking to positive thinking.

One of the things that we highly recommend is the creation and regular use of positive affirmations. Make positive statements about yourself and read these out loud (or think them to yourself) at least once a day. Here are some examples:

- I am a great person and I can do anything
- I am not afraid of new challenges and embrace them
- I am confident and nothing fazes me
- Every day I am getting better and better

You need to write your own positive affirmations that you are happy with. The most important thing is that they are really positive and show yourself in a good light. Keep them with you and say them every morning for a great start to your day.

6. IMPROVE YOURSELF

To attract all of the things that you want in your life, you have to work on your self-development. As the saying goes, *“Education will make you a living. Self-Education will make you a fortune.”* Whatever you have learnt in school, use your research and analytical skills to develop yourself further. Keep growing as an individual and never stop learning. Focusing on your personal development will send very positive vibrations to the Universe.

For a start, you may dread having to learn and acquire new skills, or develop new mindsets. Well, nothing comes easy. The beginning is always the hardest, just like pushing a stationary car. It’s extremely difficult to get it going but once it starts to move, it gets easier and easier. If you find it a struggle to improve yourself, always keep in mind that the results that you would see at the end will be more than satisfactory. You will absolutely love the transformation that you are making.

If you are lacking knowledge, Google will be your best friend.

If you are lacking self-confidence, watch some videos and learn how to build it back up. This is particularly crucial because only with self-confidence can you attract things you want. Imagine lacking it... you would be doubting if you can ever achieve something. And if you send doubts to the Universe, what do you think you will get in return?

Make it part of your daily routine to work on yourself. In the blink of an eye, you will be amazed by the results.

7. EMBRACE NEW OPPORTUNITIES

Most people turn down any opportunities that are presented to them. They either do this through laziness or fear. The thing is that some of these small opportunities can turn into huge opportunities. You just never know.

If you believe that there are no opportunities out there for you then you need to think again. Opportunities are everywhere. Even something as simple of having some free time on your hands to do something with rather than watching the TV or wasting your time on social media is an opportunity.

Here is a classic example of how opportunities can work for you. Let's assume that you do not have a partner in your life right now and you truly want this. You are invited to an event and the opportunity to meet some new people. Normally you would turn this down but you decide to say "yes" this time.

When you get to the event, everyone is a stranger to you. What should you do next? Approach someone and start a conversation. Here's a tip for you when you talk to a stranger – Never talk too much about yourself. Ask questions about the stranger to show him that you are interested in getting to know him or her. Before you know it, you've already made a new friend. And that new friend may have other friends who are looking for love as well!

When it comes to business opportunities, never blindly say "yes". That does not mean that you reject the prospect immediately. Always do a thorough research first and see if it is a feasible business for you to venture in.

You can find out just about anything online these days and if you feel that the opportunity is right for you then go for it. How many opportunities have you turned down in the past?

8. BE PERSISTENT

Have you tried to do something in the past which didn't turn out as you wanted it to and then given up on it altogether? Of course, you have – we have all done this. Has it occurred to you that if you remained persistent back then, you might have already succeeded?

Persistence is a fantastic quality to have and it sends positive vibrations to the Universe. It is completely normal to fail. Successful people are successful because every failure brings them a step closer to success. What's important is to learn from your mistakes and try again.

Do not be misled by what social media is showing you. All those advertisements on successful people drawing a 5-digit passive income did not come without hard work. What the advertisements don't show is the sheer amount of time and effort they had to put in, the number of failures they had to go through in order to reach where they are today. These days, too many people are expecting things to land in their lap for little or no effort. There is no free meal in this world.

If you want to manifest your desires then persistence is essential. Realize that you are going to encounter a number of challenges along the way and you need to be strong and persistent to overcome them. So, when you decide to do something that you haven't done before, be persistent with it. You wouldn't expect to learn a foreign language overnight and be able to speak it perfectly the next day, would you?

9. PRACTICE VISUALIZATION

Visualization is a powerful tool.

I want you to do this exercise – For each of the items that you desire, visualize that you actually have them in your life right now.

If you want \$100,000 in your bank account, visualize yourself at the ATM machine seeing the exact figures on the screen.

If you want a perfect figure, visualize yourself standing in front of the mirror looking at your reflection, a reflection of the exact type of body that you want.

Focus on the feelings going through your body when you visualize. This sends very strong positive vibrations to the Universe.

Most people think objectively – if they can't see it then they don't have it. Make the switch to subjective thinking where you see what you want before you have it.

It is not difficult to develop the art of visualization. Just practice often and it will come naturally to you after a short while. Always remember to make the feelings really strong when you visualize having the thing that you want to attract in your life.

10. BELIEVE

Believe.

The one word that makes all the difference between a successful manifestation from an unsuccessful one.

You must strongly believe in the Law of Attraction and that you will receive what you want to attract because if you don't, why would the Universe make it happen for you?

Keep working on this every day until your belief is unshakeable. Belief is everything. If your belief is weak then you will be easily talked out of getting what you want. There are plenty of negative people out there that will be delighted to do this. Don't listen to them and keep believing!

CONCLUSION

You now have 10 powerful ways to attract all of the things that you truly desire into your life. Some of these will take practice and they will all take effort. So, what are you waiting for? Quickly jump into action and devise a plan for the goals you want to achieve!